Gender Blender Mini Meet Meet Announcement

February 4 - 5, 2023 Kennedy Shriver Aquatic Center Sanctioned by USA Swimming through Potomac Valley Swimming Meet Sanction # PVI-23-55

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Kennedy Shriver Aquatic Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

 Meet Director:
 Christa Krukiel
 christa.krukiel@montgomerycountymd.gov

 (Parents are to contact your swimmer's coach if you have any questions/concerns regarding the meet)

Meet Referee:

Izumi Horikawa horikawa@verizon.net

Officials: Certified officials and trainees wishing to work should contact Marcie Ament, <u>marcieament@msn.com</u>, at least two weeks in advance. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the Meet Referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.

Clubs are responsible for providing their fair share of timers and will be assigned by the meet director.

Location: Kennedy Shriver Aquatic Center

5900 Executive Boulevard, N. Bethesda, MD 20852 (240) 777-8070

- 8 lane, 25 yard pool with continuous flow-through gutters and non-turbulent lane dividers.
- The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).
- Water depth is 18' at the starting end of the pool and 6'6" at the turning end of the pool.
- There is no separate warm up/cool down pool.
- Colorado Time Systems Electronic Timing System, horn start will be used.
- Semi-Automatic timing (buttons primary) will be used.

Meet Schedule:

- Warm-ups: 9:00 AM
- Event Start: 9:50 AM

The Meet Director reserves the right to adjust meet warm-ups and session start times based upon the number of entries received.

Eligibility: This meet is open to invited Potomac Valley Swimming Athletes and invited USA Swimming Athletes ages 9 and under. *RMSC* participation is only for those athletes registered for the Mini or ISS groups. Interested teams must email the Meet Director for an invitation as space is limited. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302.

Swimmers will compete at the age attained on the first day of the meet.

Disability Swimmers: PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules:

- Current USA Swimming rules shall govern this meet.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- No on-deck USA Swimming registration is permitted.
- In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Dive-over starts will not be used.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

Event Rules:

- Seed times are short course yards.
- All events are timed finals.
- The meet will be seeded as mixed events.
- All swimmers will be split into a boys team and a girls team regardless of USA Swimming affiliation.
- A contestant may enter no more than three (3) individual events per day, and no more than six (6) individual events for the meet.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Supervision: Coaches are responsible for the conduct of their swimmers and cleaning up for their team area. No personal chairs allowed on deck for swimmers. **No personal chairs allowed in the facility for athletes.**

Medical Assistance: Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.

Credentials: Parents not working the meet as a deck official or volunteer timer/runner are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted

on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.

Scoring: Each event will be scored for 7 & under, 8-year-olds and 9-year-olds with points assigned as follows: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Awards: Awards will be given for $1^{st} - 16^{th}$ place for all 7 & under, 8-year-olds and 9-year-olds. The Gender Team Champions will all receive an award at the conclusion of the meet.

Concessions: None

Volunteers: The meet volunteer link for timers and meet marshals can be found on the meet page. For the meet to begin on time all timers' positions MUST be filled prior to the start of the session. The spectator viewing areas will not be open until all positions have been filled.

Spectators: The spectator viewing area will be closed until all volunteer positions are filled for each session. **No personal spectator chairs allowed.**

Meet Programs: Heat sheets will be available on the RMSC website the day before the meet. <u>http://rmscswimming.com/meet-schedule-20222023/2023/2/4/gender-blender-mini-meet</u>

Entry Procedures:

- Team entry files must be emailed to <u>christa.krukiel@montgomerycountymd.gov</u>
- Email subject should be labeled "RMSC Gender Blender Mini Meet".
- Email entry must include entry report by name.
- In body of email include total number of swimmers and total number of splashes.
- In body of email include contact information (name, phone number, e-mail) of a club.
- Entries directly from individual team members will not be accepted.
- Entries by phone, mail or fax will not be accepted.
- The Meet Director will acknowledge receipt by return e-mail within 24 hours. If acknowledgement is not received within 24 hours, please contact the Meet Director again.
- Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 by PVS and no further entries will be accepted from the club until the said fine is paid.

Entry Information:

- No late or deck entries will be accepted.
- Entry Fees: \$8.00 per individual event.
- Entry Deadline: Tuesday, January 24, 2023 at 8:00 PM
- Entry fee check payable to <u>ActiveMontgomery</u>
- Each club is requested to remit one check (no cash) to cover the entry fees of the entire team.
- Payment for entries from unattached swimmers not affiliated with a team must be received prior to the start of the meet. Payment may be made by cash or check.
- Entry fees are due with the meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.
- Send payment to: Christa Krukiel

Germantown Indoor Swim Center 18000 Central Park Circle Boyds, MD 20841

Swim Center Rules and Conduct:

At the request of <u>Montgomery County Recreation</u>, swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.
- No personal spectator or athlete chairs allowed.

RMSC Gender Blender Mini Meet

Warm-ups: 9:00 AM; Start 9:50 AM

Mixed	Event Description
1	9 & Under 25 Breaststroke
2	9 & Under 50 Freestyle
3	9 & Under 50 Backstroke
4	9 & Under 25 Butterfly
5	9 & Under 100 Individual Medley

Saturday Events

Sunday Events

Mixed	Event Description
6	9 & Under 25 Freestyle
7	9 & Under 50 Butterfly
8	9 & Under 25 Backstroke
9	9 & Under 50 Breaststroke
10	9 & Under 100 Freestyle