

**2023 RMSC June LC Meet - 6/23/2023**  
**Session Report**

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 02:50 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Mixed 13-14 400 Freestyle	48	6 u	02:50 PM
Finals	2 Mixed 15 & Over 400 Freestyle	43	6 u	03:23 PM
	Swimmers Counts for Warm-ups: 91	====	====	
	Entry / Heat Totals:	91	12	
	Finish Time			03:55 PM

Session: 2 Friday Evening

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	3 Mixed 400 IM	42	6 u	05:15 PM
Finals	4 Mixed 9-10 400 Freestyle	29	4 u	05:52 PM
Finals	5 Mixed 11-12 400 Freestyle	24	3 u	06:27 PM
Finals	6 Mixed 9-10 200 IM	51	7 u	06:45 PM
Finals	7 Mixed 11-12 200 IM	71	9 u	07:12 PM
	Swimmers Counts for Warm-ups: 217	====	====	
	Entry / Heat Totals:	217	29	
	Finish Time			07:44 PM

Session: 3 Saturday Afternoon (13&Over)

Day of Meet: 2 Starts at 12:35 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	8 Girls 13 & Over 200 Freestyle	41	6 u	12:35 PM
Finals	9 Boys 13 & Over 200 Freestyle	57	8 u	12:52 PM
	Break: 10 Minutes: Warm-Up Break			
Finals	10 Girls 13 & Over 100 Breaststroke	60	8 u	01:23 PM
Finals	11 Boys 13 & Over 100 Breaststroke	61	8 u	01:37 PM
Finals	12 Girls 13 & Over 100 Backstroke	51	7 u	01:51 PM
Finals	13 Boys 13 & Over 100 Backstroke	62	8 u	02:04 PM
	Break: 10 Minutes: Warm-Up Break			
Finals	14 Girls 13 & Over 200 Butterfly	10	2 u	02:28 PM
Finals	15 Boys 13 & Over 200 Butterfly	14	2 u	02:35 PM
	Break: 2 Minutes: Timers Switch Ends			
Finals	16 Girls 13 & Over 50 Freestyle	83	11 u	02:43 PM
Finals	17 Boys 13 & Over 50 Freestyle	96	12 u	02:52 PM
	Swimmers Counts for Warm-ups: 281	====	====	
	Entry / Heat Totals:	535	72	
	Finish Time			03:01 PM

**2023 RMSC June LC Meet - 6/23/2023**  
**Session Report**

Session: 4 Saturday Evening (12&Under)

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	18 Girls 12 & Under 200 Freestyle	37	5 u	05:00 PM	_____
Finals	19 Boys 12 & Under 200 Freestyle	41	6 u	05:17 PM	_____
	Break: 2 Minutes: Timers Switch Ends				
Finals	20 Girls 12 & Under 50 Butterfly	66	9 u	05:39 PM	_____
Finals	21 Boys 12 & Under 50 Butterfly	47	6 u	05:48 PM	_____
	Break: 8 Minutes: Warm-Up & Timer Switch				
Finals	22 Girls 12 & Under 100 Breaststroke	47	6 u	06:02 PM	_____
Finals	23 Boys 12 & Under 100 Breaststroke	37	5 u	06:14 PM	_____
Finals	24 Girls 12 & Under 100 Backstroke	56	7 u	06:24 PM	_____
Finals	25 Boys 12 & Under 100 Backstroke	49	7 u	06:38 PM	_____
Finals	26 Girls 12 & Under 200 Butterfly	4	1 u	06:52 PM	_____
Finals	27 Boys 12 & Under 200 Butterfly	4	1 u	06:56 PM	_____
	Break: 2 Minutes: Timers Switch Ends				
Finals	28 Girls 12 & Under 50 Freestyle	54	7 u	07:02 PM	_____
Finals	29 Boys 12 & Under 50 Freestyle	67	9 u	07:08 PM	_____
	Swimmers Counts for Warm-ups: 257	=====	=====		
	Entry / Heat Totals:	509	69		
	Finish Time			07:16 PM	_____

Session: 5 Sunday Afternoon (13&Over)

Day of Meet: 3 Starts at 12:35 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	30 Girls 13 & Over 200 IM	56	7 u	12:35 PM	_____
Finals	31 Boys 13 & Over 200 IM	59	8 u	12:58 PM	_____
Finals	32 Girls 13 & Over 100 Freestyle	78	10 u	01:22 PM	_____
Finals	33 Boys 13 & Over 100 Freestyle	103	13 u	01:36 PM	_____
	Break: 12 Minutes: Warm-Up Break				
Finals	34 Girls 13 & Over 200 Breaststroke	30	4 u	02:06 PM	_____
Finals	35 Boys 13 & Over 200 Breaststroke	35	5 u	02:20 PM	_____
Finals	36 Girls 13 & Over 100 Butterfly	67	9 u	02:36 PM	_____
Finals	37 Boys 13 & Over 100 Butterfly	79	10 u	02:50 PM	_____
Finals	38 Girls 13 & Over 200 Backstroke	27	4 u	03:05 PM	_____
Finals	39 Boys 13 & Over 200 Backstroke	31	4 u	03:18 PM	_____
	Swimmers Counts for Warm-ups: 304	=====	=====		
	Entry / Heat Totals:	565	74		
	Finish Time			03:31 PM	_____

**2023 RMSC June LC Meet - 6/23/2023**  
**Session Report**

Session: 6 Sunday Evening (12&Under)

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	40 Girls 12 & Under 100 Freestyle	69	9 u	05:00 PM	_____
Finals	41 Boys 12 & Under 100 Freestyle	74	10 u	05:15 PM	_____
	Break: 2 Minutes: Timers Switch Ends				
Finals	42 Girls 12 & Under 50 Backstroke	83	11 u	05:34 PM	_____
Finals	43 Boys 12 & Under 50 Backstroke	65	9 u	05:47 PM	_____
	Break: 8 Minutes: Warm-Up & Timer Switch				
Finals	44 Girls 12 & Under 200 Breaststroke	12	2 u	06:07 PM	_____
Finals	45 Boys 12 & Under 200 Breaststroke	13	2 u	06:15 PM	_____
Finals	46 Girls 12 & Under 100 Butterfly	28	4 u	06:24 PM	_____
Finals	47 Boys 12 & Under 100 Butterfly	32	4 u	06:32 PM	_____
Finals	48 Girls 12 & Under 200 Backstroke	18	3 u	06:39 PM	_____
Finals	49 Boys 12 & Under 200 Backstroke	12	2 u	06:52 PM	_____
	Break: 2 Minutes: Timers Switch Ends				
Finals	50 Girls 12 & Under 50 Breaststroke	56	7 u	07:02 PM	_____
Finals	51 Boys 12 & Under 50 Breaststroke	54	7 u	07:10 PM	_____
	Swimmers Counts for Warm-ups: 264	=====	=====		
	Entry / Heat Totals:	516	70		
	Finish Time			07:18 PM	_____