

Spring Finale Meet Meet Announcement

March 24 - 26, 2023

Sanctioned by USA Swimming through Potomac Valley Swimming
Meet Sanction # PVI-23-81

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov
(All parent inquiries should be directed to your child's swim coach)

Meet Referee: Jim Garner garner@garnerjim.net

Meet Officials Coordinator: Certified officials or trainees wishing to work the meet should contact Brandon Averill at averillzoo@icloud.com at least two weeks in advance. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the Meet Referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.

Clubs will be responsible for providing timers in proportion to their entries.

Location: Germantown Indoor Swim Center, 18000 Central Park Circle, Boyds, MD 20841 (240) 777-6830

- 10 lane, 25 yard pool, with non-turbulent lane lines and continuous flow-through gutters
- Water depth varies at the start end from 17' in lane 1 to 6'9" in lane 10 and at the turn end from 13' in lane 1 to 6'9" in lane 10.
- Separate 7 lane, 25 yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The competition course has been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2C. The copy of such certification is on file with USA Swimming.
- Colorado Time Systems Electronic Timing system, touchpads, horn start, and a 10 lane scoreboard will be used.
- Automatic timing (touchpads primary) will be used.

Meet Schedule:

- Friday Mixed Gender Distance Events (400 IM & 500 Free)
 - Warm-ups: 4:30 – 5:00 PM; Events: 5:05 PM
- Saturday & Sunday
 - o 9-10 Events
 - Warm-ups: 7:45 – 8:10 AM; Events: 8:15 AM
 - o 11 – 12 Events
 - Warm-ups: 11:00 – 11:50 AM; Events: 11:55 AM
 - o 13&Overs Events
 - Warm-ups: 2:45 – 3:45 PM; Events: 3:50 PM

The Meet Director reserves the right to adjust meet warm-ups and session start times based upon the number of entries received.

Eligibility: This meet is open to registered Potomac Valley Swimming Athletes of USA Swimming. *Teams who did not participate in last years meet MUST reach out to the Meet Director, at least 1 week prior to the entry deadline, for an invite as space is limited.* No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302.

Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints. 12 & Under swimmers may only participate in one session per day.

No 14 & Under swimmers may enter an event they have equaled or bettered the 2023 PVS SC 14&U Championships qualifying standard for their age as of 3/9/2023. No 15 & Over swimmer may enter an event if they have equaled or bettered the 2023 PVS SC Junior Championship qualifying standard for their age as of 3/2/2023.

Disability Swimmers: PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy](#) as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules:

- Current USA Swimming rules shall govern this meet.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming [Minor Athlete Abuse Prevention Policy](#) ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- No on-deck USA Swimming registration is permitted.
- In compliance with *USA Swimming Rules and Regulations*, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Dive-over starts will be used.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

Event Rules:

- Events are timed finals.
- Seed times are short course yards.
- Times achieved prior to March 1, 2021 will not be allowed. All times must have been achieved in USA Swimming sanctioned, observed or approved meets. Coaches' times are not permitted.
- A contestant may enter no more than three (3) events per day and no more than six (6) events for the meet.
- 12 & Under swimmers may only participate in one session per day.
- The 400 IM & 500 Free will be swum fastest to slowest.
- Swimmers must provide their own timers for the 400 IM & their own timers/counter for the 500 Free.
- The Meet Director reserves the right to combine girls & boys events/heats in order to reduce timelines.

- The Meet Director reserves the right to combine sessions in order to reduce timelines.
- The Meet Director reserve the right to limit the number of entries in distance events, if necessary due to session length, based on fastest entry times. Swimmers with entries removed would be based on entry times. Any swimmers removed from an event will be given the opportunity to add an event. Coaches are asked to enter swimmers in these events with this in mind.

Positive Check In: Positive check-in will be required in events 400 yards and longer. Athletes who have not checked in prior to the specified time will not be seeded into the event. However, on a first come first serve basis, with an open lane in heat 1, an athlete who misses positive check in may be seeded into an open lane. The athlete and coach must come to the admin table before the event begins. Additional heats will not be created.

The Meet Director will determine if positive check-in will be necessary for other events to maintain manageable timelines. The Meet Director reserves the right to waive all positive check in.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

Information regarding check in closing times and the possibility of additional check-in events will be available the week prior to the meet in the form of an email to each participating club.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Supervision: Coaches are responsible for the conduct of their swimmers and cleaning up for their team area. **No personal chairs allowed for swimmers in the facility.**

Medical Assistance: Medical assistance will be provided by the swim center staff. If you require medical assistance, please notify a facility lifeguard, or a member of the meet staff.

Credentials: **Parents not working the meet as a deck official or volunteer timer/runner are not permitted on deck.** Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.

Awards: Ribbons will be given out for 1st – 10th place for all 9-10 and 11-12 individual events.

Concessions: None

Spectators: The spectator viewing area will be closed until all volunteer positions are filled for each session. **No personal spectator chairs allowed.**

Volunteers: The meet volunteer link for timers and meet marshals can be found on the meet page. For the meet to begin on time, all timers' positions MUST be filled prior to the start of the session. The spectator viewing will not be open until all positions have been filled.

RMSC Spring Final Meet Page: <http://rmscswimming.com/meet-schedule-20222023/2023/3/24/spring-finale>

Live Streaming: The meet will be live streamed, assuming all volunteer positions are filled for each session. The link will be available on the meet page.

Meet Programs: Heat sheets for events pre-seeded will be available on the RMSC meet page.

Entry Procedures:

- Team entry files must be emailed to christa.krukiel@montgomerycountymd.gov
- Email subject should be labeled "RMSC Spring Finale".
- Email entry must include entry report by name.
- In body of email include contact information (name, phone number, e-mail) of a club.
- Entries directly from individual team members will not be accepted.
- Entries by phone, mail or fax will not be accepted.
- The Meet Director will acknowledge receipt by return e-mail within 24 hours. If acknowledgement is not received within 24 hours, please contact the Meet Director again.
- Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 by PVS and no further entries will be accepted from the club until the said fine is paid.

Entry Information:

- No late or deck entries will be accepted.
- Entry Fees: \$8.00 per individual event.
- **Entry Deadline: Tuesday, March 14, 2023 at 8:00 PM**
- Entry fee check payable to **ActiveMontgomery**
- Each club is requested to remit one check (no cash) to cover the entry fees of the entire team.
- Payment for entries from unattached swimmers not affiliated with a team must be received prior to the start of the meet. Payment may be made by cash or check.
- Entry fees are due with the meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.
- Send payment to:
Christa Krukiel
Germantown Indoor Swim Center
18000 Central Park Circle
Boys, Maryland 20841

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.
- No personal spectator or athlete chairs allowed.

RMSC Spring Finale

Order of Events

Friday Distance

Warm-ups: 4:30 – 5:00 PM; Events: 5:05 PM

Mixed	Girls No Faster Than (SCY)	Event Description	Boys No Faster Than (SCY)	Mixed
1	5:01.00 4:58.60	MIXED 14&Under 400 IM MIXED 15&Over 400 IM	4:44.00 4:34.00	1
2	7:00.00 5:56.00	MIXED 10&Under 500 Freestyle MIXED 11-12 500 Freestyle	7:00.00 5:56.00	2
3	5:28.10 5:26.00	MIXED 13-14 500 Freestyle MIXED 15&Over 500 Freestyle	5:13.70 5:01.00	3

9 – 10 Year Old Events

Warm-ups: 7:45 – 8:10 AM; Events: 8:15 AM

Saturday

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
4	2:58.00	9-10 200 Individual Medley	2:58.00	5
6	38.30	9-10 50 Backstroke	38.50	7
8	1:30.40	9-10 100 Butterfly	1:31.00	9
10	43.10	9-10 50 Breaststroke	43.60	11
12	1:12.30	9-10 100 Freestyle	1:12.00	13

Sunday

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
38	2:37.00	9-10 200 Freestyle	2:35.60	39
40	37.10	9-10 50 Butterfly	37.40	41
42	1:33.40	9-10 100 Breaststroke	1:33.40	43
44	1:22.50	9-10 100 Backstroke	1:22.50	45
46	32.70	9-10 50 Freestyle	32.60	47
48	1:22.10	9-10 100 Individual Medley	1:21.80	49

11 – 12 Year Old Events

Warm-ups: 11:00 – 11:50 AM; Events: 11:55 AM

Saturday

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
14	2:33.20	11-12 200 Individual Medley	2:33.40	15
16	2:54.10	11-12 200 Breaststroke	2:53.70	17
18	32.90	11-12 50 Backstroke	33.10	19
20	1:12.00	11-12 100 Butterfly	1:12.30	21
22	37.60	11-12 50 Breaststroke	37.60	23
24	2:31.40	11-12 200 Backstroke	2:32.70	25
26	1:01.40	11-12 100 Freestyle	1:02.40	27

11 – 12 Year Old Events (Continued)

Sunday

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
50	2:16.00	11-12 200 Freestyle	2:15.00	51
52	31.20	11-12 50 Butterfly	32.00	53
54	1:21.20	11-12 100 Breaststroke	1:21.60	55
56	1:11.00	11-12 100 Backstroke	1:11.00	57
58	28.40	11-12 50 Freestyle	28.40	59
60	2:49.00	11-12 200 Butterfly	2:44.00	61
62	1:11.20	11-12 100 Individual Medley	1:11.30	63

13 & Over Events

Warm-ups: 2:45 – 3:45 PM; Events: 3:50 PM

Saturday

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
28	1:05.00 1:03.80	13-14 100 Backstroke 15&Over 100 Backstroke	1:02.20 58.80	29
30	2:28.00 2:27.40	13-14 200 Butterfly 15&Over 200 Butterfly	2:18.00 2:12.40	31
32	1:14.50 1:14.60	13-14 100 Breaststroke 15&Over 100 Breaststroke	1:09.80 1:07.30	33
34	57.60 56.80	13-14 100 Freestyle 15&Over 100 Freestyle	54.00 51.10	35
36	2:20.00 2:18.50	13-14 200 Individual Medley 15&Over 200 Individual Medley	2:12.50 2:06.60	37

Sunday

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
64	2:04.00 2:02.50	13-14 200 Freestyle 15&Over 200 Freestyle	1:57.00 1:52.70	65
66	1:04.60 1:03.60	13-14 100 Butterfly 15&Over 100 Butterfly	1:01.00 57.80	67
68	2:40.00 2:39.00	13-14 200 Breaststroke 15&Over 200 Breaststroke	2:31.40 2:26.00	69
70	2:18.00 2:18.50	13-14 200 Backstroke 15&Over 200 Backstroke	2:12.00 2:09.20	71
72	26.30 26.40	13-14 50 Freestyle 15&Over 50 Freestyle	25.00 23.60	73