

## 2023 RMSC Spring Long Course Classic - 5/12/2023 to 5/14/2023 Session Report

Session: 1 Session 1 - Friday Distance

Day of Meet: 1 Starts at 04:05 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	_____
Finals	1 Mixed 13 & Over 400 Freestyle Break: 20 Minutes: 12U Warm-ups	187	24 u	04:05 PM	_____
Finals	2 Mixed 12 & Under 400 Freestyle Swimmers Counts for Warm-ups: 249 Entry / Heat Totals: Finish Time	62 ==== 249	8 u ==== 32	06:29 PM   07:16 PM	_____ _____ _____

Session: 2 Session 2 - Saturday 13 & Over

Day of Meet: 2 Starts at 08:20 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	_____
Finals	3 Mixed 13 & Over 200 Freestyle	221	28 u	08:20 AM	_____
Finals	4 Mixed 13 & Over 100 Breaststroke	244	31 u	09:35 AM	_____
Finals	5 Mixed 13 & Over 200 Butterfly	33	5 u	10:28 AM	_____
Finals	6 Mixed 13 & Over 100 Backstroke Break: 2 Minutes: Timers to opposite end	236	30 u	10:42 AM	_____
Finals	7 Mixed 13 & Over 50 Freestyle Break: 2 Minutes: Timers to opposite end	266	34 u	11:38 AM	_____
Finals	8 Mixed 13 & Over 400 IM Swimmers Counts for Warm-ups: 432 Entry / Heat Totals: Finish Time	25 ==== 1,025	4 u ==== 132	12:06 PM   12:29 PM	_____ _____ _____

Session: 3 Session 3 - Saturday 11-12's

Day of Meet: 2 Starts at 02:05 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	_____
Finals	9 Mixed 11-12 200 Freestyle	81	11 u	02:05 PM	_____
Finals	10 Mixed 11-12 200 Breaststroke Break: 2 Minutes: Timers to opposite end	25	4 u	02:39 PM	_____
Finals	11 Mixed 11-12 50 Butterfly Break: 2 Minutes: Timers to opposite end	153	20 u	02:56 PM	_____
Finals	12 Mixed 11-12 100 Backstroke Break: 2 Minutes: Timers to opposite end	104	13 u	03:17 PM	_____
Finals	13 Mixed 11-12 50 Breaststroke	103	13 u	03:45 PM	_____
Finals	14 Mixed 11-12 50 Freestyle Break: 2 Minutes: Timers to opposite end	165	21 u	03:59 PM	_____
Finals	15 Mixed 11-12 200 Butterfly Swimmers Counts for Warm-ups: 238 Entry / Heat Totals: Finish Time	4 ==== 635	1 u ==== 83	04:19 PM   04:23 PM	_____ _____ _____

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Session: 4 Session 4 - Saturday 9 - 10

Day of Meet: 2 Starts at 05:35 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	16 Mixed 9-10 200 Freestyle Break: 2 Minutes: Timers to opposite end	60	8 u	05:35 PM	_____
Finals	17 Mixed 9-10 50 Butterfly Break: 2 Minutes: Timers to opposite end	146	19 u	06:04 PM	_____
Finals	18 Mixed 9-10 100 Backstroke Break: 2 Minutes: Timers to opposite end	74	10 u	06:26 PM	_____
Finals	19 Mixed 9-10 50 Breaststroke	142	18 u	06:50 PM	_____
Finals	20 Mixed 9-10 50 Freestyle Swimmers Counts for Warm-ups: 219	181 =====	23 u	07:12 PM	_____
	Entry / Heat Totals:	603	78		
	Finish Time			07:33 PM	_____

Session: 5 Session 5 - Sunday 13 &amp; Over

Day of Meet: 3 Starts at 08:20 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Mixed 13 & Over 200 IM	227	29 u	08:20 AM	_____
Finals	22 Mixed 13 & Over 100 Freestyle	320	40 u	09:46 AM	_____
Finals	23 Mixed 13 & Over 200 Breaststroke	96	12 u	10:41 AM	_____
Finals	24 Mixed 13 & Over 100 Butterfly	189	24 u	11:22 AM	_____
Finals	25 Mixed 13 & Over 200 Backstroke Swimmers Counts for Warm-ups: 440	85 =====	11 u	11:58 AM	_____
	Entry / Heat Totals:	917	116		
	Finish Time			12:33 PM	_____

Session: 6 Session 6 - Sunday 11 - 12's

Day of Meet: 3 Starts at 02:05 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Mixed 11-12 200 IM	69	9 u	02:05 PM	_____
Finals	27 Mixed 11-12 100 Freestyle Break: 2 Minutes: Timers to opposite end	148	19 u	02:35 PM	_____
Finals	28 Mixed 11-12 50 Backstroke Break: 2 Minutes: Timers to opposite end	130	17 u	03:07 PM	_____
Finals	29 Mixed 11-12 100 Breaststroke	96	12 u	03:30 PM	_____
Finals	30 Mixed 11-12 100 Butterfly	32	4 u	03:53 PM	_____
Finals	31 Mixed 11-12 200 Backstroke Swimmers Counts for Warm-ups: 230	27 =====	4 u	04:00 PM	_____
	Entry / Heat Totals:	502	65		
	Finish Time			04:14 PM	_____

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Session: 7 Session 7 - Sunday 9 - 10

Day of Meet: 3 Starts at 05:35 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	32 Mixed 9-10 200 IM	50	7 u	05:35 PM	_____
Finals	33 Mixed 9-10 100 Freestyle	134	17 u	06:01 PM	_____
Finals	34 Mixed 9-10 100 Breaststroke	77	10 u	06:32 PM	_____
	Break: 2 Minutes: Timers to opposite end				
Finals	35 Mixed 9-10 50 Backstroke	146	19 u	06:57 PM	_____
	Break: 2 Minutes: Timers to opposite end				
Finals	36 Mixed 9-10 100 Butterfly	22	3 u	07:24 PM	_____
	Swimmers Counts for Warm-ups: 202	=====	=====		
	Entry / Heat Totals:	429	56		
	Finish Time			07:30 PM	_____