

**2024 RMSC Spring Long Course Classic - 5/10/2024 to 5/12/2024  
Session Report**

Session: 1 Friday Distance - Session 1

Day of Meet: 1 Starts at 04:05 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Mixed 13 & Over 400 Freestyle Break: 20 Minutes: 12U Warm-ups	140	18 u	04:05 PM
Finals	2 Mixed 12 & Under 400 Freestyle Swimmers Counts for Warm-ups: 211	71 =====	9 u	06:01 PM
	Entry / Heat Totals:	211	27	
	Finish Time			06:54 PM

Session: 2 Saturday 13 & Over - Session 2

Day of Meet: 2 Starts at 07:50 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	3 Mixed 13 & Over 200 Freestyle	218	28 u	07:50 AM
Finals	4 Mixed 13 & Over 100 Breaststroke	235	30 u	09:06 AM
Finals	5 Mixed 13 & Over 200 Butterfly	25	4 u	09:58 AM
Finals	6 Mixed 13 & Over 100 Backstroke Break: 2 Minutes: Timers to opposite end	258	33 u	10:09 AM
Finals	7 Mixed 13 & Over 50 Freestyle Break: 2 Minutes: Timers to opposite end	307	39 u	11:11 AM
Finals	8 Mixed 13 & Over 400 IM Swimmers Counts for Warm-ups: 447	15 =====	2 u	11:43 AM
	Entry / Heat Totals:	1,058	136	
	Finish Time			11:55 AM

Session: 3 Saturday 11-12's - Session 3

Day of Meet: 2 Starts at 01:40 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	9 Mixed 11-12 200 Freestyle	72	9 u	01:40 PM
Finals	10 Mixed 11-12 200 Breaststroke Break: 2 Minutes: Timers to opposite end	33	5 u	02:08 PM
Finals	11 Mixed 11-12 50 Butterfly Break: 2 Minutes: Timers to opposite end	152	19 u	02:29 PM
Finals	12 Mixed 11-12 100 Backstroke Break: 2 Minutes: Timers to opposite end	114	15 u	02:49 PM
Finals	13 Mixed 11-12 50 Breaststroke	121	16 u	03:21 PM
Finals	14 Mixed 11-12 50 Freestyle Break: 2 Minutes: Timers to opposite end	179	23 u	03:38 PM
Finals	15 Mixed 11-12 200 Butterfly Swimmers Counts for Warm-ups: 260	9 =====	2 u	04:01 PM
	Entry / Heat Totals:	680	89	
	Finish Time			04:08 PM

## 2024 RMSC Spring Long Course Classic - 5/10/2024 to 5/12/2024 Session Report

Session: 4 Saturday 9 - 10 - Session 4

Day of Meet: 2 Starts at 05:25 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	16 Mixed 9-10 200 Freestyle Break: 2 Minutes: Timers to opposite end	48	6 u	05:25 PM	_____
Finals	17 Mixed 9-10 50 Butterfly Break: 2 Minutes: Timers to opposite end	131	17 u	05:48 PM	_____
Finals	18 Mixed 9-10 100 Backstroke Break: 2 Minutes: Timers to opposite end	74	10 u	06:08 PM	_____
Finals	19 Mixed 9-10 50 Breaststroke	139	18 u	06:32 PM	_____
Finals	20 Mixed 9-10 50 Freestyle Swimmers Counts for Warm-ups: 207	151 =====	19 u	06:54 PM	_____
	Entry / Heat Totals:	543	70		
	Finish Time			07:12 PM	_____

Session: 5 Sunday 13 & Over - Session 5

Day of Meet: 3 Starts at 07:50 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Mixed 13 & Over 200 IM	228	29 u	07:50 AM	_____
Finals	22 Mixed 13 & Over 100 Freestyle	356	45 u	09:17 AM	_____
Finals	23 Mixed 13 & Over 200 Breaststroke	92	12 u	10:19 AM	_____
Finals	24 Mixed 13 & Over 100 Butterfly	187	24 u	11:00 AM	_____
Finals	25 Mixed 13 & Over 200 Backstroke Swimmers Counts for Warm-ups: 455	106 =====	14 u	11:36 AM	_____
	Entry / Heat Totals:	969	124		
	Finish Time			12:20 PM	_____

Session: 6 Sunday 11 - 12's - Session 6

Day of Meet: 3 Starts at 01:40 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Mixed 11-12 200 IM	65	9 u	01:40 PM	_____
Finals	27 Mixed 11-12 100 Freestyle Break: 2 Minutes: Timers to opposite end	161	21 u	02:11 PM	_____
Finals	28 Mixed 11-12 50 Backstroke Break: 2 Minutes: Timers to opposite end	146	19 u	02:48 PM	_____
Finals	29 Mixed 11-12 100 Breaststroke	102	13 u	03:13 PM	_____
Finals	30 Mixed 11-12 100 Butterfly	47	6 u	03:39 PM	_____
Finals	31 Mixed 11-12 200 Backstroke Swimmers Counts for Warm-ups: 255	29 =====	4 u	03:49 PM	_____
	Entry / Heat Totals:	550	72		
	Finish Time			04:03 PM	_____

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Session Report**

Session: 7 Sunday 9 - 10 - Session 7

Day of Meet: 3 Starts at 05:25 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	32 Mixed 9-10 200 IM	49	7 u	05:25 PM	_____
Finals	33 Mixed 9-10 100 Freestyle	132	17 u	05:52 PM	_____
Finals	34 Mixed 9-10 100 Breaststroke	82	11 u	06:23 PM	_____
	Break: 2 Minutes: Timers to opposite end				
Finals	35 Mixed 9-10 50 Backstroke	140	18 u	06:49 PM	_____
	Break: 2 Minutes: Timers to opposite end				
Finals	36 Mixed 9-10 100 Butterfly	27	4 u	07:15 PM	_____
	Swimmers Counts for Warm-ups: 199	=====	=====		
	Entry / Heat Totals:	430	57		
	Finish Time			07:23 PM	_____