

2023 MARYLAND STATE LONGCOURSE CHAMPIONSHIP-WARM UP LANE ASSIGNMENTS

FRI. 13-14'S / 15 & O LONGCOURSE (LC) & REC POOL (REC)

	1:00-1:30	1:30-2:00
ASA		1&2 LC / 1&2 REC
AAC		3&4 LC / 3 REC
DCPR		4 LC
JFD		4 LC
NCAP		5&6 LC / 4 REC
PAC		4 LC
TOLL		6 LC
RMSC	1-8 LC / 1-5 REC	7&8 LC / 5 REC

FRI. 10 & U / 11-12'S LONGCOURSE (LC)

	5:45-6:10
ASA	1 LC
AAC	3 LC
JFD	3 LC
NCAP	2 & 3 LC
TOLL	3 LC
RMSC	4-8 LC

SAT/SUN 15 & O LONGCOURSE POOL

	8:00-8:30	8:30-9:00
ASA		1&2 LC
AAC		3&4 LC
DCPR		6 LC
JFD		5 LC
NCAP		5 LC
PAC		5 LC
TOLL		6 LC
RMSC	1-8 LC	7&8 LC

SAT/SUN 13-14'S LONGCOURSE POOL

	12:30-1:00	1:00-1:30
ASA		1&2 LC
AAC		3 LC
DCPR		6 LC
JFD		6 LC
NCAP		4&5 LC
PAC		6 LC
TOLL		6 LC
RMSC	1-8 LC	7 & 8 LC

SAT/SUN 10 & U / 11-12'S LONGCOURSE POOL

	4:30-4:55	4:55-5:20
ASA		1&2 LC
AAC		3 LC
DCPR		2 LC
JFD		3 LC
NCAP		3,4&5 LC
PAC		2 LC
TOLL		6 LC
RMSC	1-8 LC	7&8 LC