## 20th ANNUAL ”WELCOME TO SUMMER” MINI MEET MAY 20, 2018

### SPONSORED BY THE ROCKVILLE/MONTGOMERY SWIM CLUB SANCTIONED BY USA SWIMMING THROUGH POTOMAC VALLEY SWIMMING

#### Clubs will be responsible for providing their share of timers, and will be assigned lanes by the meet director. There will be no electronic timing at this meet; watch times and buttons only. Each lane MUST have 3 timers at all times, no exceptions.

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| **MEET DIRECTOR:** | Dave Greene 240-314-8755 [Dgreene@Rockvillemd.gov](mailto:Dgreene@Rockvillemd.gov) |
| **MEET REFEREE:** | Barbara Ship [Barb@ships3.com](mailto:Barb@ships3.com) |
| **MEET LOCATION:** | [ROCKVILLE SWIM AND FITNESS CENTER](http://pvswim.org/pooldirs.htm#Rockville)  355 Martins Lane  Rockville, MD 20850  240-314-8750  The Outdoor Fitness Pool – Set up for Short Course Meters, with a water depth of 16’ at the starting end and turning end. No starting blocks.  The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). |
| **DATE & TIME:** | SUNDAY, MAY 20 Boys: Warm-up: 11:00 - 11:30 p.m.      Events: 11:40 p.m.  SUNDAY, MAY 20 Girls: Warm-up: 1:45 - 2:15 p.m.      Events: 2:25 p.m. |
| **ELIGIBILITY:** | Open to all USA Swimming registered athletes from the invited teams. Athletes shall compete at the age attained on the first day of the meet. |
| **RULES:** | Current USA Swimming rules shall govern the meet. All events are timed finals. There will be no limit to total number of individual entries.  In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable to taking pictures (i.e. cell phones, cameras, PDS’s, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.  The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Sportsmanship policy.  Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.  The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.  Coaches are expected to be in compliance with the [USA Swimming Background Screening Program](http://www.pvswim.org/coaches/BG%20Announcement-%20National%20Rollout.pdf). |
| **INCLUSION POLICY FOR SWIMMERS WITH A DISABILITY** | PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the BOD](http://pvswim.org/inclus_pol.htm) . Athletes with a disability are welcomed and are asked to provide notice of desired accommodations to the Meet Director and PVS Age Group Chairman (Blair Piddington) The athlete (or the athlete’s coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| **WARM-UP:** | The prescribed Potomac Valley Swimming Warm-up Procedures and safety policies will be followed. The Meet Director may determine the structure of the warm-up, including times and lane assignments. |
| **ADMISSION:** | There is no admission charge. Programs for each session will be available for $1.00 each. Working officials and coaches receive a free program. |
| **OFFICIALS:** | All certified officials wishing to volunteer to work this meet please contact the either the RMSC Officials Chairman, Barbara Shipp: [Barb@ships3.com](mailto:Barb@ships3.com)  prior **to May 16.**  Please include your club affiliation, certifications held, and sessions you wish to work. Officials volunteering should sign in at the recording table prior to the start of Warm-ups. Certified officials who have not previously advised of their availability may volunteer their services to the Referee at this time. |
| **TIMERS:** | Participating Clubs are required to provide timers in proportion to their entries. The Meet Director will determine the number of timers per club and lane assignments. The Host Club is required to provide one timer per lane. |
| **FEES:** | Fees for individual events are $7.00; relays are $12.00. Each Club is required to remit one check to cover the entry fees for the entire team. Please DO NOT SEND CASH. Late entries are $10.00 per individual event and must be submitted no later than 30 minutes prior to the first event of each session. No new heats will be created. Late entries are on a first come, first served basis. No late entries will be accepted for relays. All fees are due on the first day of the meet. |
| **AWARDS:** | There will be no awards. |
| **ENTRIES:** | Computer disk entries (Hy-Tek) require a meet entry report by swimmer and a meet entry report by event from team manager. Also submit a completed "[entry cover sheet](http://pvswim.org/entrycov.htm)".  Entries (including relays) may alternatively be submitted on the [PVS master entry sheet.](http://pvswim.org/mas_entry.htm) There is a surcharge of $1.00/swimmer for submitting more than 10 swimmers this way.  Signature and phone number of a club official must be included with entry for validation of entries.  **E-mail entries will be accepted:**  · Attach one report by event, one by name (save as Word for Windows in Team Manager) · Attach commlink file · In body of e-mail give numbers (boys, girls, total entry) and contact information · Remember to send relay cards and entry fee check via USPS  Send to: [Dgreene@Rockvillemd.gov](mailto:Dgreene@Rockvillemd.gov)  **Optional:** Before preparing your entries, events for this meet can be downloaded and then imported into team manager go to team manager/file/import/meet events.   Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt. |
| **WARNING:** | Any Club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of $100.00, and no further entries will be accepted from the Club until the said fine has been paid. |
| **DEADLINE:** | The Meet Entry person must receive all entries for this meet:  **NO LATER THAN 5:00 p.m., TUESDAY, MAY 15, 2018**  **Important:** The above date is the deadline for clubs to submit their entries. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information. |
| **CHECKS:** | Checks should be made payable to: **RMSC PARENTS CLUB** |
| **SEND ENTRIES TO:** | Dave Greene 355 Martins Lane  Rockville, Maryland 20850 (240) 314-8755 [Dgreene@Rockvillemd.gov](mailto:Dgreene@Rockvillemd.gov) |
| **REMINDER:** | ENTRY FEES ARE DUE WITH THE MEET ENTRY. |
| **NOTE:** | In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Rockville Municipal Swim Center and Rockville/Montgomery Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |

### NINETH ANNUAL “WELCOME TO SUMMER” MINI MEET

#### MAY 20, 2018 ROCKVILLE

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| **9 AND UNDER BOYS SUNDAY - MAY 20, 2018** | | |
| **9 AND UNDER GIRLS SUNDAY – MAY 20, 2018** | | |
| **BOYS WARM-UP: 11:00 - 11:30 PM EVENTS: 11:40 PM, GIRLS WARM-UP 1:45 – 2:15 PM EVENTS: 2:25 PM** | | |
| **GIRLS EVENT #** | **EVENTS** | **BOYS EVENT #** |
| 1 | 9&U YR OLD 100 SCM INDIVIDUAL MEDLEY | 2 |
| 3 | 6&U YR OLD 25 SCM FREESTYLE | 4 |
| 5 | 7 YR OLD 25 SCM FREESTYLE | 6 |
| 7 | 8 YR OLD 25 SCM FREESTYLE | 8 |
| 9 | 9 YR OLD 50 SCM FREESTYLE | 10 |
| 11 | 6&U YR OLD 25 SCM BACKSTROKE | 12 |
| 13 | 7 YR OLD 25 SCM BACKSTROKE | 14 |
| 15 | 8 YR OLD 25 SCM BACKSTROKE | 16 |
| 17 | 9 YR OLD 25 SCM BACKSTROKE | 18 |
| 19 | 6&U YR OLD 25 SCM BREASTSTROKE | 20 |
| 21 | 7 YR OLD 25 SCM BREASTSTROKE | 22 |
| 23 | 8 YR OLD 25 SCM BREASTSTROKE | 24 |
| 25 | 9 YR OLD 25 SCM BREASTSTROKE | 26 |
| 27 | 6&U YR OLD 25 SCM BUTTERFLY | 28 |
| 29 | 7 YR OLD 25 SCM BUTTERFLY | 30 |
| 31 | 8 YR OLD 25 SCM BUTTERFLY | 32 |
| 33 | 9 YR OLD 25 SCM BUTTERFLY | 34 |
| 35 | 6&U YR OLD 100 SCM FREE RELAY | 36 |
| 37 | 7 YR OLD 100 SCM FREE RELAY | 38 |
| 39 | 8 YR OLD 100 SCM FREE RELAY | 40 |
| 41 | 9 YR OLD 200 SCM FREE RELAY | 42 |