

**York Swim Club
Reindeer Mini Meet
December 4-5, 2021
Providence Rec Center**

Supplemental Document/Information

In applying for this sanction, the Host, York Swim Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and Providence Rec Center.

Local Protocols and Requirements

All local and state protocols will be followed per [Virginia Executive Order Number Seventy Nine](#) and [USA Swimming COVID-19 Guidance](#). This guidance includes:

- All individuals in the Commonwealth aged five and older should cover their mouth and nose with a mask in accordance with the Centers for Disease Control and Prevention guidance linked [here](#).
- Athletes should arrive and depart in their suits. Locker room use should be minimized (*i.e.*, emergencies only and no showering will be allowed).
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment

Participant Ingress and Egress

All attendees (coaches, officials, volunteers and swimmers) will enter the facility through the patio doors. Swimmers will immediately proceed to the designated team areas. Spectators not working in a capacity to operate the swim meet will not be permitted inside the facility. All attendees (athletes, coaches, officials, and volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up. All attendees (coaches, officials, volunteers and swimmers) will exit the facility through the facility main entrance.

Planned Number of Individuals

| WARMUPS | |
|------------------|------------|
| Pool | 80 |
| Pool Deck | |
| Swimmers | 120 |
| Coaches | 15 |
| Officials | 12 |
| Marshals | 6 |
| Volunteers | 10 |
| Facility Staff | 3 |
| Spectators | 0 |
| TOTAL | 246 |

| COMPETITION | |
|--------------------|------------|
| Pool | 8 |
| Pool Deck | |
| Swimmers | 192 |
| Coaches | 15 |
| Officials | 12 |
| Timers | 17 |
| Marshals | 6 |
| Volunteers | 10 |
| Facility Staff | 3 |
| Spectators | 0 |
| TOTAL | 263 |

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live-streamed by York Swim Club on the [York Swim Club Facebook Page](#).

Meet Specific COVID-19 Protocols

- **Before signing up your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.**
- No more than four hours before entering the facility, all attendees (athletes, coaches, officials, and volunteers) are required to assess their own health for symptoms and exposure to COVID-19. Attendees will only be permitted entrance if answering “no” to the following questions:
 - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
 - Has anyone in your family been sick or diagnosed with COVID-19 in the past 14 days?
 - Has someone you’ve been in contact with been diagnosed with COVID-19 or been in contact with someone who has the past 14 days?
- Athletes must arrive and depart in their suits. Locker room use will be for emergency use only, no showers may be used. Family bathroom will be reserved for coach, official, and volunteer use.
- All attendees (swimmers, coaches, officials and volunteers) should bring their own water bottle and snacks. Hospitality will be provided in a limited capacity.
- Attendees will enter and exit the facility through the patio doors. From the parking lot, attendees will walk down the access road located to the right of the main entrance and proceed through the gate to the glass patio doors. Attendees will exit the facility through the main facility entrance.
- All attendees (athletes, coaches, officials, volunteers) must wear masks to enter the facility and at all times when inside the facility, with the exception of athletes when competing or warming up.
- For the 25 yard events, volunteers will move the baskets containing masks to the finish end of the pool where the swimmers will immediately put them back on after exiting the pool.
- Athletes will bring a plastic zipper bag with their name on it in which to place their masks when they are in the water.
- The meet will be limited to a maximum of 200 swimmers per session.
- A clerk of course will be used to organize each heat of swimmers for all events offered.
- No spectators will be permitted. Competition will be live-streamed by York Swim Club on the [York Swim Club Facebook Page](#).
- We request that all attendees notify the meet director as quickly as possible should they test positive for COVID-19, show symptoms or have been in contact with anyone exposed or tested positive for COVID-19 after attending the meet.
- Any attendee failing or refusing to comply with any of these Protocols will be prohibited from entering the facility and/or asked to leave the facility.

Arrival, Departure and Swimmer Location (see attached map)

- Upon arrival to the facility, all attendees (swimmers, coaches, officials and volunteers) will walk down the access road located to the right of the main entrance and proceed through the gate where they will enter the glass doors onto the pool deck.
- Upon entering the pool deck, swimmers will immediately proceed to the designated team areas. Swimmers will remain in their assigned team areas except during warm up and competition. Swimmers may not enter another team’s designated area. Parents are not permitted on the patio deck.
- All attendees will depart the facility using the facility main entrance. Swimmers will meet their parents at the facility front doors, meet volunteers will be present. Parents must park in the parking lot and walk to the front doors to meet their swimmer. Parents are not permitted to park in the fire lane and wait for swimmers.

Pre-meet Warm-up

- There will be three assigned warm up groups of no more than 80 swimmers per group, 10 lanes will be available for warm ups. Swimmers will proceed from their assigned seating area and follow coaches and marshals' directions to enter the pool.
- Swimmers will wear their masks until they arrive at their lane for warm ups and their scheduled events. Masks will be placed in Ziplock bags with the swimmer's name on them during warm ups. Bagged masks will be placed on the chair behind each of the blocks. Swimmers will immediately put their masks back on at the completion of warm ups and each event and return to their designated team area.

Competition

- One-way traffic will be maintained on the pool deck at all times. Traffic will move clockwise around the pool.
- All swimmers must remain in their designated area until they are called for their event and then must return to their designated area immediately following their event.
- Clerk of Course will be used to stage upcoming heats along the walls behind the diving boards.
- Swimmers are required to follow all directions as posted and adhere to all marshal directions, no exceptions. Any swimmer not following meet protocols can and will be removed from the meet immediately.
- Meet equipment including computers, buttons, starter and stopwatches will be sanitized after each session of the meet. Hand sanitizer will be provided in multiple locations around the deck and throughout the facility.

Patio Doors: Entrance for all Attendees



Everyone will exit using the MAIN doors. Parents will pick up swimmers here.

Do not enter through the main entrance. Walk down the service road to the right of the front doors



One-way Traffic on the pool deck

